

## Summary of Services and Prices 2012

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# Our Policy

HealthLink360 is a not-for-profit health charity. All our services are available to Mission Agencies, Charities and NGOs at a subsidised rate. These organisations may use these rates as a guideline and may choose to pay any amount between the subsidised and standard rates as they see appropriate. If paying more than the subsidised rate the additional money raised will go towards the costs for those less able to pay.

## Summary of Care Packages and Prices

CARE PACKAGES	APPOINTMENT LENGTH	STANDARD RATE	SUBSIDISED RATE
<p><b>Care Packages offer the best value</b></p> <p><b>PRE-ASSIGNMENT</b></p> <p><b>1.1 Global Starter</b> is a package which embraces our ethos of 'whole person care' providing medical and psychological assessment for those considering a move to working overseas long term. The package may be useful to sponsoring agencies or churches in ascertaining a candidate's suitability for the work and environment he/she is being considered for or for Individuals / families who wish to be fully prepared for life in their overseas placement. Both medical (pre-assignment) and psychological (candidate assessment) components may also be carried out separately.</p>	4½ hours	£450.00	£370.00
<p><b>POST/MID-ASSIGNMENT</b></p> <p><b>1.2 Home Care</b> offers a medical and psychological review for those returning from assignments overseas and who are planning to return overseas again. It is also suitable for those who are at the end of their assignment. Both components (returners medical and personal review) are recommended as part of our ethos of providing 'whole person care' but may be carried out separately. With experience we have found that most people benefit from an opportunity to review their time overseas and discuss any issues faced.</p>			
<p><b>Adult aged 18+ years</b> <b>Child aged 8-17 years</b></p>	2½ hours 1 hour	£305.00 £216.00	£250.00 £180.00
<p><b>UK FAITH LEADERS/THOSE IN MINISTRY OR PASTORAL CARE</b></p> <p><b>1.3 Shalom Review</b> is intended for UK Faith Leaders and those involved in ministry or pastoral care. It offers 'whole person care' in the form of medical examination, general well being assessment and personal review. An occupational or GP report can be made if required. It offers a confidential space to reflect on work/life balance and address work-related issues during a one off review or on a regular basis. Medical and psychological components may be carried out separately.</p>	2½ - 3 hours	Price dependent on package choice; Available on request	

# Summary of Medical Services and Prices

MEDICAL SERVICES	APPOINTMENT LENGTH	STANDARD RATE	SUBSIDISED RATE
<p><b>PRE-ASSIGNMENT</b></p> <p><b>2.1 Pre-Assignment Medical (Adult age 18+)</b>            Suitable for staff and volunteers going to work overseas long term. A full medical tailored to the individual covering health screening, review of current mental and physical health problems, specialist follow up as required and country specific health advice.            Includes: Core blood tests            Separate charges for: blood grouping, ECG, Chest X-Ray, vaccinations</p>	60 mins	£220.00	£180.00
<p><b>2.2 Pre-assignment Medical (Child age 0-17)</b>            Suitable for children accompanying parents overseas on long term assignments for the first time. Includes assessing any developmental/emotional indicators of concern and consideration of childhood immunisations, country specific vaccinations and medications. Blood grouping for all children. Other tests dependent on age, clinical concerns and place of residence.</p>	45 mins	£180.00	£150.00
<p><b>POST ASSIGNMENT</b></p> <p><b>2.3 Returners Medical (Adult 18+)</b>            Suitable for those in the middle or at the end of their assignment. A full medical tailored to the individual which addresses any health issues that have arisen overseas. Includes preparation for the next part of the assignment as applicable e.g. booster vaccinations.            Includes: standard tests, stool and urine testing and tropical screening as appropriate.            Separate charges for: extra tests such as ECG or vaccinations</p>	60 mins	£220.00	£180.00
<p><b>2.4 Returners Medical (Child age 0-17)</b>            Intended for children returning with parents in the middle or at the end of their assignment. Addresses health issues that may have arisen overseas.            Includes: blood, stool and urine tests tailored to the age of the child and environment they have been living in.</p>	45 mins	£180.00	£150.00
<p><b>2.5 Returners Medical Check up</b>            Suitable for individuals returning from short term assignments overseas. Short medical dealing with specific health issues e.g. Bilharzia or stomach problems.            Includes: standard tests            Separate charges: may be require for further tests if appropriate</p>	30 mins	£120.00	£100.00

# Summary of Medical Services and Prices

MEDICAL SERVICES	APPOINTMENT LENGTH	STANDARD RATE	SUBSIDISED RATE
<b>UK FAITH LEADERS/THOSE IN MINISTRY OR PASTORAL CARE</b>			
<b>2.6 Shalom Medical</b>			
Suitable for UK Faith Leaders and those involved in ministry or pastoral care. Full medical offering physical examination and health screening and addressing individual health issues. Includes: core tests. Separate charges: additional tests such as ECG/Chest X-Ray if required.	60 mins	£220.00	£180.00
<b>2.7 Shalom Health Check</b>			
A shorter, nurse led review recording baseline measurements including blood pressure; assessing cardiovascular risk and focusing on aspects of lifestyle. Recommendations made. Included: Core blood tests	45 mins	£85.00	£70.00
<b>UK STAFF AND TRAVELLERS</b>			
<b>2.8 Specialist Medical Consultation</b>			
Suitable for UK residents, business or frequent travellers. Full standard medical covering multiple or individual health issues e.g. chronic fatigue, general wellbeing. Includes: Core blood tests Separate charges: Additional tests e.g. tropical screening, ECG Chest X-ray.	60 mins	£220.00	N/A
<b>2.9 Travel Health Consultation</b>			
1 person	45 mins	£25.00	N/A
2 people	60 mins	£35.00	N/A
Family	90 mins	£50.00	N/A
Groups	90 mins	£120.00	£100.00
Suitable for holiday and business travellers, those visiting friends and relatives abroad, gap years, short term voluntary/humanitarian trips e.g. with schools, churches or youth groups. Tailored to the individual and includes risk assessment, country specific advice and advice on managing medical conditions and general health abroad. Separate charges made for immunizations, medications and blood tests. Group consultations can be carried out at a venue of choice e.g. church or school and involve a PowerPoint presentation.			
<b>MISCELLANEOUS</b>			
Report on volunteer screening forms		N/A	£25.00
Sigmoidoscopy, ECG or Cervical Smear		£60.00	£45.00
Lung function tests (Vitalography)		£15.00	£10.00
Laboratory samples transport charge		N/A	£7.50
Blood group		£40.00	£30.00
Private prescription		£15.00	£10.00
Extra report		£25.00	£18.00

# Summary of Psychological Services and Prices

PSYCHOLOGICAL SERVICES	APPOINTMENT LENGTH	STANDARD RATE	SUBSIDISED RATE
<b>PRE-ASSIGNMENT</b>			
<b>3.1 Full Candidate Assessment (Adult)</b>			
Designed to assess and enhance emotional and mental capability for the anticipated overseas work environment and demands of the placement. Includes a detailed, structured interview, psychometric questionnaire, supportive tests measuring current satisfaction and frustration and a feed back session. A written report is provided for both the agency and candidates and includes a section on recommendations for their continued wellbeing during overseas placement.	3 hours	£280.00	£230.00
<b>3.2 Short Candidate Assessment (Adult)</b>			
A shorter assessment of a candidate's responses to psychometric personality questionnaires completed by post. Report to the sponsoring agency is based solely on these tests and allows insight into how a person functions on a day to day basis. It identifies areas of strength and areas which require to be strengthened in order to function well in the overseas placement setting.	45 mins	£100.00	£80.00
<b>POST/MID-ASSIGNMENT</b>			
<b>3.3 Personal Review (Adult/Child age 8-17)</b>			
An unhurried, confidential time with an experienced, professional counsellor in which to reflect on the overseas experience including work, relationships, and issues faced. It aims to be structured but client focused and to ensure ongoing psychological health and resilience. It may include use of therapeutic tools or personal review for consideration of the future. No report is sent to the agency unless requested by the client.			
<b>Adult aged 18+ years</b>	90 mins	£120.00	£95.00
<b>Child aged 8-17 years</b>	45 mins	£60.00	£50.00
<b>3.4 Extended Personal Review (Adult/Child age 8-17)</b>			
Several appointments over 2-3 days Useful for clients returning to the UK who have had a particularly stressful period overseas involving conflict or strained personal relationships. Provides an opportunity over several days to evaluate the impact of the experience, assess coping strategies and make recommendations for the client's future psychological wellbeing.	Initial Session	Package price on request for subsequent sessions	Package price on request for subsequent sessions
<b>Adult aged 18+ years</b>	90 mins	£120.00	£95.00
<b>Child aged 8-17 years</b>	45 mins	£60.00	£50.00
<b>3.5 Trauma/Critical Incident Debrief (Adult)</b>			
A confidential, supportive service from a professional counsellor suitable for anyone who has experienced a traumatic event or critical incident or who has been working with or supporting others who have been traumatized. Possible options for further sessions or referral if appropriate can be discussed.	90 mins	£150.00	£120.00

# Summary of Psychological Services and Prices

PSYCHOLOGICAL SERVICES	APPOINTMENT LENGTH	STANDARD RATE	SUBSIDISED RATE
<p><b>UK FAITH LEADERS/THOSE IN MINISTRY OR PASTORAL CARE</b></p> <p><b>3.6 Shalom Well-being Review</b> An unhurried opportunity to reflect on work issues with an experienced Christian counsellor. Psychometric questionnaire can be used if appropriate and time given to issues relating to calling and spiritual direction, stress levels and strategies for stress reduction. A confidential report is available to the client only.</p>	90 mins	£135.00	£105.00
<p><b>3.7 Shalom Work/Life Balance Review</b> A confidential, unhurried opportunity to look at work/life balance and stress levels and to consider strategies for reducing stress, enhancing well-being and improving performance at work. A confidential report is available to the client only. The option of follow up sessions can be discussed if appropriate.</p>	90 mins	£120.00	£95.00
<p><b>COUNSELLING SERVICES</b></p> <p><b>3.8.1 Initial Consultation</b> A confidential session with a professional counsellor to address issues including anxiety, bereavement, trauma, addiction, sexual identity and spiritual or faith issues. The approach is person centered although techniques from other models such as CBT, Transactional Analysis or Gestalt may be used. Possible options for further sessions or referral if appropriate can be discussed.</p>	90 mins	£60.00	£50.00
<p><b>3.8.2 Follow-Up Sessions</b> On-going counselling support is available for those identified as potentially benefiting from this service e.g. follow up issues raised in the initial consultation.</p>	60 mins	£50.00	£40.00
<p>Block of 6 sessions—including an initial assessment using a psychometric tool.</p>		£280.00	£225.00

# Our Policy on Vaccinations and Medications

All our vaccinations and medications are available at the subsidised rate to individuals travelling overseas with a Mission Agency, Charity or NGO **if** taking up medical or psychological services at Healthlink360. If only attending for vaccinations and travel advice a consultation fee will apply. See Travel Health consultations in the list of medical services.

Prices are correct at time of printing - January 2012, but may be subject to change.

## Summary of Vaccinations and Prices

TRAVEL SERVICES	STANDARD RATE	SUBSIDISED RATE
<b>4.1 Immunisations</b>		
Cholera (Dukoral)	£47.00	£38.00
Revaxis (Polio/Dip/Tet)	£22.00 *	£18.00
Typhim Vi (Typhoid)	£22.00 *	£18.00
Rabies per dose 0.1ml intradermal <b>Hdcv</b> ( <i>accelerated schedule</i> )	£25.00	£20.00
Rabies per dose 1.0ml intramuscular <b>Hdcv</b>	£50.00	£40.00
Rabies intradermal 0.1 ml ID x4 <b>Hdcv</b>	£80.00	£64.00
Meningococcal <b>Acwy (Menveo)</b>	£68.00	£54.50
Hepatitis B vaccine per dose	£28.50 x 3	£23.00
Hepatitis B paediatric ( <i>age : 0-15 years inclusive</i> )	£24.50 x 3	£18.00
Hepatitis A vaccine per dose	£37.00 *	£30.00
Hepatitis A paediatric ( <i>age : 0-15 years inclusive</i> )	£30.00 *	£25.00
Hepatitis A & B ( <b>Twinrix</b> )	£60.00 x 3	£48.00
Hepatitis A & B ( <b>Twinrix paediatric</b> ) - ( <i>age : 0-15 years inclusive</i> )	£40.00 x 3	£32.00
Influenza	£25.00 *	£15.00
Japanese B Encephalitis ( <b>Greencross</b> ) - ( <i>age 1 year and upwards</i> )	£70.00	£56.00
Japanese B Encephalitis ( <b>Ixiaro</b> )	£80.00 x 3	£64.00
Tickborne Encephalitis per dose	£64.00 x 3	£51.00
Tickborne paediatric ( <i>age : 0-15 years inclusive</i> )	£60.00 x 3	£48.00
Viatim/Hepatyrix - Hepatitis A plus typhoid ( <i>age : 16 years &amp; over</i> )	£60.00 *	£40.00
Yellow Fever	£50.00	£40.00
Mantoux Test ( <i>required prior to BCG</i> )	£35.00	£28.00
BCG (for Tuberculosis)	£30.00	£24.00
HPV ( <b>Gardasil</b> )	£125.00	N/A
* <b>May be available free or on prescription from your GP surgery</b>		

# Summary of Vaccinations and Prices

TRAVEL SERVICES	STANDARD RATE	SUBSIDISED RATE
<b>4.2 Anti-Malarial Prophylaxis per Week</b>		
Mefloquine	£3.50	£2.80
Doxycycline	£3.00	£2.40
Chloroquine (50p) plus proguanil	£2.50	£2.00
Malarone <b>per day</b>	£3.25	£2.60
Primaquine	£1.50	£1.00
<b>4.3 Malaria Standby per Course</b>		
Quinine 3 days plus doxycycline 7 days	£15.00	£12.00
Malarone - 12 tablets	£40.00	£31.20
Riamet (cost confirmed at time of order)		
<b>4.4 Antibiotic for Travellers Diarrhoea</b>		
Ciprofloxacin per 500mg tablet	£2.10	£1.00
Azithromycin 1g course	£20.00	£16.00
<b>4.5 Altitude Sickness</b>		
Acetazolamide ( <b>Diamox</b> ) 7 days	£20.00	£15.00

# Summary of Online Services

ONLINE SERVICES		STANDARD RATE	SUBSIDISED RATE
<p><b>5.1 Medical Support</b>            This service is provided by Email and offers those working overseas, particularly in remote or developing areas, access to UK General Practitioners for advice and reassurance and specialist opinion if necessary.</p> <p><b>Adult Annual Subscription</b>  <b>Child Annual Subscription</b></p> <p><b>5.2 Counselling Support</b>            This service is provided by Email and offers those working overseas, particularly in isolated or challenging situations, access to one of our professional counselors.</p>		<p>£48.00            £15.00</p> <p>£42.00            Per session</p>	<p>£40.00            £12.00</p> <p>£35.00            Per session</p>